

IFTAAR DUAS

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Short Duas



Allaahumma Laka S'umtu Wa A'laa Rizqika Aft'artuwa A'layka Tawawkkaltu

O my Allah, for Thee, I fast, and with the food Thou gives me I break the fast, and I rely on Thee.

Say when the first morsel of food is taken:



Bismillahir Rah'maanir Rah'eem Yaa Waasi – A'l Maghfirati Igfir Lee O He whose indulgence is boundless, forgive me

Imam Ali (peace be upon him) used to say the following:

Bismillah Allaahumma Laka S'umnaa Wa A'laa Rizqika Aft'arnaa Fa – Taqabbal Minnaa Innaka Antas Samee – U'l'a'leem In the name of Allah, O Allah, we fast, and with the food Thou gives us we break the fast, an obligation we fulfill, and Thou art Hearer, Knower.

Iftaar Duas from Iqbal Aamal (Sayyed Ibn Tawus)

Dua # 1

"There is no fasting servant who says this at Iftaar except that he is cleansed from sin like the day he was born." – Holy Prophet (saws)

O Mighty O Mighty, there is no other God but You. Forgive my great sins, indeed who can forgive the great sins except the Mighty.

Dua # 2

The Prophet (saws) has been narrated as saying, All the past sins of whoever eats food and says the following will be forgiven:

"Praise be to God Who feeds me this from His Own Sustenance without me having to exert any efforts."

Dua # 3

The following supplications to be said at the time of eating is narrated through a chain of documents to Al-Tabarsi, narrated on the authority of the Ahlulbayt (as).

Praise be to God who feeds but does not eat, who gives shelter but does not seek shelter, provides wealth but does not get poor.

O my God! Praise belongs to You for the food and stew You have provided for me with ease and well-being for me and without me having to struggle hard.

بِسُمِ اللهِ خَيْرِالْأَسْمَاءِ بِسُمِ اللهِ رَبِّ الْأَرْضِ وَالسَّمَاءِ بِشُمِ اللهِ الَّذِى لَا يَضُرُّ مَعَ اللهِ فَتَى ءُ فِي الْأَرْضِ وَ لَا فِي السَّمَاءِ وَ هُوَ السَّبِيعُ الْعَلِيمُ

In the Name of God – the best of the Names. In the Name of God – Lord of the heavens and the earth. In the Name of God – By whose Name no one in the heavens or the earth can harm us. He is All-Hearing and All-Knowing.

O my God! Please make me prosperous with this food. And give me refuge from its evil, make me gain its benefits and safeguard me from its harms.

<u>Dua # 4</u>

The following is narrated through a chain of documents to Harun ibn Musa al-Talakbari, on the authority of Abi Basir, on the authority of

Abi Abdullah (as): Whenever you want to break your fast after a day of fasting during the month of Ramadhan say,

الْحَهُدُرِسِّهِ الَّذِي أَعَانَتَا فَصُهْنَا وَ رَنَ قَنَا فَأَفُطُ نَا اللَّهُمَّ تَقَبَّلُهُ مِنَّا وَأَعِنَّا عَلَيْهِ وَ سَلِّهُنَا فِيهِ وَ تَسَلَّهُ هُمِنَّا فِي يُسُهِ مِنْكَ وَ عَافِيَةٍ الْحَهُدُرِسِّهِ الَّذِي قَضَى عَنِّي يَوْماً مِنْ شَهْرِ رَمَضَانَ

Praise be to God Who helped us fast and provided us with food for breaking our fasts. O God! Please accept it from us, help us with fasting and bless us with health and let it pass in ease and health provided by You. And praise be to God Who blessed me with fasting of another day of the month of Ramadhan.

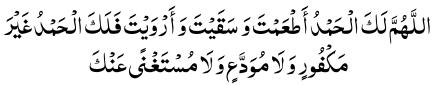
Dua # 5

It has been narrated that Imam Musa ibn Jafar al-Kazim (as) said the following on the authority of his forefathers (as): When at the time of breaking your fast in the evening say the following so that the reward for all who fasted on that day is recorded for You.

O my God! I fasted for You and I break my fast with Your Sustenance. And I rely upon You. Please record the reward for this fasting for me. In You I have placed my trust.

Dua # 6

The Prophet (as) said the following after eating each bite of food,



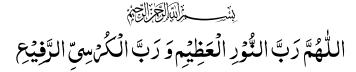
O my God! Praise belongs to You. You gave me food and water and satiated me. All praise belongs to You without having neglected You, departed from You or being needless of You.

Ayatollah Ruhullah Karahvi suggests these 4 Aamaal at the time of Iftar to get the 'approval stamp' of Imam (aitfs):

- Recite Sura Fatiha for Lady Nargis Khatoon mother of Imam Zaman (ajtfs)
- 2) Say a Salam to Imam Mahdi (ajtfs) "Assalmao Alayka Ya Sahib Asr wal zaman"
- 3) Say a salam to Imam Hussain (as) "Asalaamo alayka Ya Aba Abdillah"
- 4) Dua Hujjah Allhumma Kunle Waliyekal.

Dua Noor

The Holy Prophet (saws) recommended this dua to Imam Ali (as) and said that Jibreel (as) came to me and said, "Whoever in the holy month of Ramadhan before iftaar recites this dua, Allah answers his prayer, accepts his prayer and fasting, grants his ten requirements, forgives his sins, removes his grief's, makes his heart at ease, grants his wishes, makes his deeds to ascend upward with the deeds of prophets and righteous saints and on the Day of Judgment brings him to His presence with his face illuminated like a bright moon." Sayyid ibn Tawus and al-Kaf'ami have narrated the following supplication:



allahumma rabban nooril 'azeem wa rabbal kursiyil rafee' O Lord of the magnificent light, Lord of the highest heaven,

wa rabbal bahril masjoori wa rabbash shafi'l kabeer Lord of the flowing seas, Lord of the great intercessor

wan-nooril 'azeez wa rabbat-tawraati wal injeeli waz-zaboori wal furqaan-il azeem

Lord of the flowing seas, Lord of the great intercessor and brilliant light, Lord ot fhe Tawrat and Injil, and the grand Furqan (criterion).

أَنْتَ إِلَهُ مَنْ فِي السَّمَاوَاتِ وَإِلَّهُ مَنْ فِي الْأَرْضِ

anta ilaaju man fis-samavaati wa ilaaju man fil ardhi You are the only God of the heavens and the earth.

la-ilaaha feehima ghayruka wa anta maliku man fis-samavaati
There is no other god save you. You are powerful over everything in
the heavens and earth. There is no powerful save You.

wa maliku man fil ardhi la malika feehima ghairuk You are the owner of the heavens and earth. There is no owner save you.

as-asluka bimikal Kabeer wa noori wajhikal muneer wa bi-mulkikal gadeem

I beseech you through your great name, your brilliant superior being, your ever existing kingdom

ya hayyu ya qayyum ya hayyu ya qayyum ya hayyu ya qayyum O Ever living, O Self –Subsisting, O Ever living, O self Subsisting.

as-asluka bismikal-ladhee ashraqa bihi kullu shay-in I beseech you in thy name that illuminates everything

وَبِاسْبِكَ الَّذِي أَشْرَقَتُ بِهِ السَّبَاوَاتُ وَ الْأَرْضُ

wa bismikal-ladhee ashraqat bihis-samavaatu wal ardh and by thy name that radiates in the heavens and earth,

wa bismikal-ladhee salaha bihil awaaloona wa bihi yaslahul aakhiroon thy name which sets the people of all times on the right path from the foremost to the last.

ya hayyu qabla kulli hayyi wa hayyu ba'da kulli hayyi
O Ever Living who was there before anything else.
O Ever Living who is ever existing when no life shall exist.

wa ya hayyu la ilaaha illa anta, salli 'alaa muhammadin wa aali muhammadin

O Ever Living there is no god save You. Peace be upon Mohammed and his progeny.

waghfir li dhunoobi waj'al li min amri yusran wa farajan qareeban Forgive me my sins, make my affairs easy, and the reappearance near

wa thabbitnee 'alaa deeni muhammadin wa aali muhammadin wa 'alaa sunnati muhammadin wa aali muhammadin 'alayhi wa 'alayhimus-salam

and keep us firm in the religion of Mohammed and family of Mohammed, on the guidance of Mohammed and family of Mohammed, on the sunnah of Mohammed and his family, peace be upon him and his family.

waj'al 'amali fil marfo'il mutaqabbal Make my deeds lofty and accepted.

wa hab li kama wahabta li awliyaika wa ahli ta-a'tik Bestow upon me like you have granted your pious and obedient servants.

fa-inni mominun bika wa mutawakkilun 'alayk For surely I am a believer in you, trusting in you,

muneebun ilayka ma'a maseeri ilayka wa tajma'u li turning repentantly to you, to you is my journeys end.

tajma-'a li wa li ahli wa wuldi-yal khaira kulluh Gather for me and for my family and my parents all good

وَ تَصْمَافُ عَنِّي وَعَنْ وُلِّهِ يُ وَأَهْلِيَ الشَّمَّ كُلُّه

wa tasrif 'anni wa 'an wuldi wa ahli-yash-sharra kulluh and remove for me, my family and parents all evil.

anta-al 'hannaul-mannau badi' us-samavaati wal ardh You are the compassionate, the supporter and the originator of the heavens and the earth.

tu'til khaira man tasha-u was tasrif
Give me the best that you wish and protect me from Your Grace

ya arhamar-rahimeen
O Kind and compassionate.

It is recommended to say the following at the first bite of the food with which the fasting is broken:



O the Liberal in forgiving: (please do) forgive me.

Forgiveness of Almighty Allah is the reward of saying this supplication.

The following is narrated through a chain of documents to Mufazzal ibn Umar – may God have mercy on him – on the authority of As-Sadiq (as) that God's Prophet (saws) told the Commander of the Faithful Ali (as): "O Abal Hassan! This is the month of Ramadhan that has come. First say supplications before breaking your fast as Gabriel descended to me and said, O Muhammad (saws)! God the Sublime would fulfill the prayers of whoever recites these supplications before breaking his fast in the month of Ramadhan, and would accept his fasting and praying, would fulfill ten of his prayers, forgive his sins, remove his sorrows, relieve his destitution, fulfill his needs, recompense his debts, raise his deeds up along with the deeds of the Prophets (saws) and the truthful ones, and make his face shining white like the moon of the fourteenth night."

I asked, "O Gabriel! What are they?" Gabriel replied this Dua Noor.

Dua to Purify Food

Supplications to Purify Food from the Doubtful and the Forbidden before Eating – Iqbal Aamal



O my God! I ask You by Your Mercy which overtakes Your Wrath, and by Your Mercy with which You noted me while I was not noteworthy, and by Your Mercy with which You nurtured me, and brought me up during childhood and adulthood.

وَبِالرَّحْمَةِ الَّتِى أَنْشَأْتَنِي بِهَا وَ رَبَّيْتَنِي صَغِيراً وَكَبِيراً وَبِالرَّحْمَةِ الَّتِي نَقَلْتَنِي بِهَا مِنْ ظُهُورِ الْآبَاءِ إِلَى بُطُونِ الْأُمَّهَاتِ مِنْ لَكُنْ آدَمَع

And I ask You by the Mercy with which You delivered me from the loins of my father onto the womb of my mother since the time of Adam (as).

إِلَى آخِرِ الْغَايَاتِ وَأَقَمْتَ لِلْآبَاءِ وَ الْأُمَّهَاتِ بِالْأَقُواتِ وَ الْكِسُواتِ وَ الْمُهِتَّاتِ وَ وَقَيْتَهُمْ مِتَّا جَرَى عَلَى الْأُمَمِ الْهَالِكَةِ مِنَ النَّكَبَاتِ وَ الْآفَاتِ

You provided my father and mother with most important needs

including food and clothing and rescued them from the hardships and calamities that destroyed previous nations.

I ask You by the Mercy with which You directed me to Yourself; by the Mercy with which You honored me to Your Obedience and Proximity.

I ask You by the Mercy with which You established me to be amongst the followers of Your most honored Prophets (as) and by the Mercy with which You showed forebearance whenever I acted impolitely in front of You.

You by the Mercy and Nobility that You know best about and their acceptance and completion. I ask

وَبِمَا أَنْتَ أَهُلُهُ أَنْ تُصَلِّى عَلَى مُحَتَّدٍ وَ آلِ مُحَتَّدٍ وَ أَنْ تُطَهِّرُنَا مِنَ الْعُيُوبِ وَالنُّانُوبِ بِالْعَافِيَةِ مِنْهَا وَالْعَفُوعَنُهَا تُطُهِّرُنَا مِنَ الْعُيُوبِ وَالنُّانُوبِ بِالْعَافِيَةِ مِنْهَا وَالْعُلُوسِ عَلَى مَائِدَةٍ حَتَّى نَصْلَحَ لِلتَّشْرِيفِ بِهُجَالَسَتِكَ وَالْجُلُوسِ عَلَى مَائِدَةٍ حَتَّى نَصْلَحَ لِلتَّشْرِيفِ بِهُجَالَسَتِكَ وَالْجُلُوسِ عَلَى مَائِدَةٍ حَتَّى نَصْلَحَ لِلتَّشْرِيفِ بِهُجَالَسَتِكَ وَالْجُلُوسِ عَلَى مَائِدَةٍ حَتَّى نَصْلَحَ لِلتَّشْرِيفِ فِي الْمُعَالَّةِ لَكَ

I ask You by what is befitting You to bestow Your Blessings on Muhammad and his Progeny (as) and purify us from faults and sins by granting well-being and pardoning so that I may attain the qualifications for attending Your Presence and sitting at the table of Your Party.

وَأَنْ تُطَهِّرَطَعَامَنَاهَنَا وَشَمَا بَنَا وَكُلَّبَا تَتَقَلَّبُ فِيهِ مِنْ فَوَائِدِ رَحْمَتِكَ مِنَ الْأَدُنَاسِ وَ الْأَرْجَاسِ وَحُقُوقِ النَّاسِ وَ مِنَ الْحَمَامَاتِ وَ الشَّبُهَاتِ وَ أَنْ تُصَانِعَ عَنْدُ أَصْحَابَهُ مِنَ الْأَحْيَاءِ وَ الْأَمُواتِ

I ask You to purify our food, drinks and all the benefits of Your Mercy that I use from any pollution, filth, or other people"s rights, and from the forbidden and the doubtful and pay back their equivalent value to their rightful owners whether dead or alive.

وَتَجْعَلَهُ طَاهِراً مُطَهَّراً وَشِفَاءاً لِأَدْيَانِنَا وَ دَوَاءً لِأَبْدَانِنَا وَ دَوَاءً لِأَبْدَانِنَا وَ طَهَارَةً رَمُطَهِّراً لِسَمَائِرِنَا وَ ظَوَاهِرِنَا وَنُوراً لِعُقُولِنَا وَ فُوراً لِأَرْوَاحِنَا وَمُقَوِّياً لَنَاعَلَى خِدُمَتِكَ وَبَاعِثاً لَنَاعَلَى فُوراً لِأَرْوَاحِنَا وَمُقَوِّياً لَنَاعَلَى خِدُمَتِكَ وَبَاعِثاً لَنَاعَلَى مُرَاقَبَتِكَ مَنَاكَ وَبَاعِثاً لَنَاعَلَى مُرَاقَبَتِكَ مَنْ اللهُ مُرَاقَبَتِكَ مَنْ اللهُ مَنْ الْعَلَى خِدُمَتِكَ وَبَاعِثاً لَنَاعَلَى مُرَاقَبَتِكَ

I ask You to make them pure and clean, as means of improving our religion as medication for our bodies, purification for our thoughts and appearance, and as illumination for our intellect and illumination for our souls, as means of strengthening us to serve You, and as a cause of being attentive to You.

وَاجْعَلْنَابَعْكَ ذَلِكَ مِتَّنَ أَغُنَيْتَهُ بِعِلْمِكَ عَنِ الْمَقَالِ وَبِكَمَمِكَ عَنِ السُّوَّ الرِّرِحْمَتِكَ يَا أَرْحَمَ الرَّاحِبِينَ

Please let us be amongst those who are needless of talking when relying upon Your Knowledge and are needless of questioning due to Your Generosity by Your Mercy – O" the Most Compassionate,

Most Merciful."

Duas after Iftaar

Supplications to be recited after Breaking of Fast / When you finish eating. – Iqbal Aamal



"O my God! We fast for You, and we break the fast with the food You give us. Thus please accept it from us. Thirst has vanished, the veins have moistened but the reward has remained."

The following is narrated through a chain of documents to Al-Tabarsi – may God have mercy on him – who narrated the following supplications for when you finish eating food on the authority of the Divine Leaders (as):

"Praise be to God who fed me and satiated me; gave me drinks and removed my thirst; protected and supported me.

Praise be to God who taught me the blessings and good omen in deeds I performed or avoided doing.

اللَّهُمَّ اجْعَلْهُ هَنِيئاً مَرِيئاً لاَوَبِيّاً وَلاَدُوِيّاً وَ أَبْقِنِي بَعْدَهُ اللَّهُمَّ اجْعَلْهُ مَ

O" my God! Please let the food be delicious and beneficial, not accompanied with plague or other illnesses, and keep me healthy after eating it and continue to thank You and watchful of Your Obedience.

O God! Please bless me with ample sustenance, and give me a stable life. Let me be a good doer and let whatever I may encounter on the Resurrection Day be a source of happiness for me out of Your Mercy.

It has been narrated on the authority of Abu Jafar (as) that when Ali (as) ate his meal to break the fast, he (as) stayed at the tablecloth until the tablecloth was picked up and then said the following:

O my God! We fast for You, and we break the fast with the food You give us. Thus please accept it from us. Indeed You are the Hearer, the Knower.